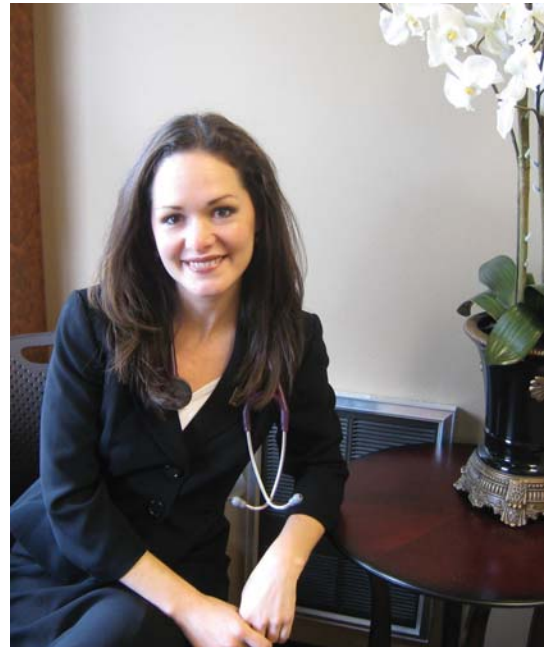


**Tara Dall, MD**  
**Board Certified Family Physician**  
**Diplomate American Board of Clinical Lipidology**

Dr. Dall is a board certified lipidologist with roots in family medicine and training at the University of Wisconsin Madison.

She graduated in the inaugural class of Diplomates of the American Board of Clinical Lipidology in 2005. She has spent nearly 20 years using advanced biomarker testing in the clinical care of patients.

Her center achieved national recognition as the first fully certified Level II lipid clinic in the United States.



In 2008, Dall formed the Early Detection Center for heart disease and diabetes near Madison, Wisconsin. Two years later she brought her fight against heart disease to the web, co-founding Lecturepad.org and FHITtv.org, web platforms that advance clinical understanding and application of advanced lipid and biomarker testing.

In 2012 Dall joined Virginia-based Health Diagnostic Laboratory. There, she has led the medical team to new heights, expanding its assays and panels and co-authoring research focused on the role that biomarkers play in early detection of insulin resistance and diabetes prevention. She has a special interest in insulin resistance's role in cardiovascular disease, women's heart disease, polycystic ovarian syndrome, and childhood obesity. She also serves as Chief of cardiometabolic education at the non-profit Foundation for Health Improvement and Technology (FHIT).

Known for her passionate delivery of complex medical topics in patient-friendly terms, Dall is a sought after speaker, traveling the world to present research on advanced biomarkers. Dr. Dall is also a regular go-to for reporters appearing on Bloomberg News, CBS Sports, CNN Radio, Reach MD Satellite Radio, RadioHealth Journal, also a regular on KTXD-TV's The Broadcast in Dallas as well as programs on wabcradio.com (Optimal wellness and Forever Young). She continues to practice medicine as a physician founder of Virtua MD Concierge & Medispa in Richmond, VA which incorporates cutting edge web based technology to the human touch of medicine, providing services to local as well as national and international clients.