

Dr. Tara Dall, MD is a board certified lipidologist with roots in family medicine and training at the University of Wisconsin Madison. She is a national and international thought leader in biomarker and genetic testing having spent the *last 20 years* using and educating on advanced biomarker testing in the clinical care of patients. She graduated in the inaugural class of Diplomats of the American Board of Clinical Lipidology in 2005. Her clinical practice center achieved national recognition as the *first* fully certified Level II lipid clinic in the United States. She served on the Midwest Lipid Association executive board for 5 years with positions of treasurer, secretary and president elect in 2011-2012.



In 2008, Dr. Dall formed the Early Detection Center for heart disease and diabetes near Madison, Wisconsin and served as a clinical associate professor for the Medical College of Wisconsin. Two years later, she brought her fight against heart disease to the web co-founding Lecturepad.org, web platform that advance clinical understanding and application of advanced lipid and biomarker testing.

For 3 years Dr. Dall served as Chief Medical Officer of Health Diagnostic Laboratory. As an author and educator on biomarker research focused on the role that insulin resistance plays in diabetes prevention she has expanded the education of physicians to prevent chronic disease. She has a special interest in insulin resistance's role in cardiovascular disease, women's heart disease, Autoimmune disease, polycystic ovarian syndrome, and obesity. She is philosophically aligned with the functional medicine movement believing in importance of identifying root causes of chronic disease and open to both traditional and non-traditional approaches to care. She also serves as chief of cardiometabolic education at the non-profit Foundation for Health Improvement and Technology (FHIT) and on the scientific advisory board of the Lupus Foundation.

Known for her passionate delivery of complex medical topics in patient-friendly terms, Dr. Dall is a sought after speaker, traveling the world to present research on advanced biomarkers. She is also a regular go-to for reporters, appearing on Bloomberg News, CBS Sports, CNN Radio, Reach MD Satellite Radio, and RadioHealth Journal. She was also a regular guest on KTXD-TV's The Broadcast in Dallas, as well as programs on wabcradio.com (Optimal wellness and Forever Young). She continues to practice medicine as a physician founder of AvanceMD Concierge, which incorporates cutting edge web-based technology and proprietary tele-medicine tools and platform (MD21.com) providing services to local as well as national and international clients.